



British Aikido Association National Junior and Youth Competition Rules

Rules and regulations for the British Aikido Association

Sport Aikido: Kakarigieko and Embu Contest Rules

Kakarigieko Events:

- Tanto Kakargieko
- Tanto Tai Sabaki
- Ninin Dori

Embu Events

- Basic Kata
- Open Kata



BAA Junior and Youth Competition Rules and Regulations

Section 1: General Regulations

A Competition Area

Minimum mat Area

Under 16s age group: 30 metres square.

Under 14s age group: 24 metres square.

Under 12s age group : 24 metres square

Under 10s age group: 21 metres square.

Under 8s age group: 21 metres square.

All should have a 1 metre safety surround and no closer than 2 metres to any wall, pillar or free standing furniture. This area shall not be used for spectator or competitor seating.

B. Competitors.

- Must be current registered BAA member.
- Entrants must be under sixteen years of age on day of competition.
- Entrants must hold junior grade.

C. Clothing.

- All competitors to wear regulation white or cream Gi with belt denoting correct BAA grade.
- Competitors with dirty Gi will be penalised.
- The wearing of footwear in the Dojo / Hall is compulsory.
- The wearing of Hakama is discretionary, but if worn must be by both partners.
- Nails are to be cut short.
- Hair is to be neat and tidy, if long is to be tied back.
- No jewellery or watches etc are to be worn.
- No eating on the Tatami.

Penalties.

The penalties incurred will be at the lead Coordinators discretion. Minimum penalty however will be a minus deduction of 0.1 to total score for each offence. Maximum penalty will be disqualification from the competition.

D. Weapons

- The use of weapons is restricted to recognised rubber Tanto.
- The use of real weapons is prohibited.



E. Administration.

- All competitors must sign in thirty minutes before scheduled start of the event.

- All applications must show the following information.
 - A. Name of participant.
 - B. Events entered.
 - C. Registered Club.
 - D. Date of Birth.
 - E. BAA Registration Number.

- All applications must be in the possession of the competition organiser by the stated closing date.

- Any team changes must be lodged with the designated co-ordinator during the thirty minute signing in period.

- Except for injury during competition all changes to teams after this period will be refused.

- There is no lower grade restriction to entry. However the competitors should in the case of Kata be able to perform the minimum number of techniques required in their age group.

- Clubs entering the competition are responsible for the conduct of their team members and will supply a sufficient number of supervisors, who are not judging, who will control and maintain team discipline and ensure the competitors availability when time to perform.

- Entries to the competition must be ranked in grade order for performance in elimination rounds. The lowest graded performing first.

F Prohibited Acts.

- No eating on the mat.
- Pulling hair or kicking techniques.
- Ungentlemanly conduct e.g. swearing.
- No footwear

The penalties incurred will be at the table judge's discretion.
Minimum penalty of 0.1 deducted from final score.
Maximum penalty elimination from competition.



G Safety

- First Aid cover must be provided at all competition either by the BAA Acting Medical Officer or a recognised external agency.
e.g. St John's, St Andrew's, Red Cross
- Any competitor with any medical condition such as Asthma should notify the Senior Coordinator prior to start of competition.
- The use of any other techniques than those laid down by the British Aikido Association is prohibited.
- Locking techniques are permitted but the lock itself must not be applied to the opponents joint.
- No spectator or competitor shall be seated on the safety area. The competition must be halted until the removal of such people has taken place.
- Using dangerous or incorrect attacks is prohibited.

H. The Events - Each age group will have three distinct events.

- Ninin Dori
- Kata.
- Tanto Kakarigieko.

In the under 16s age group there will be Open Kata
Tanto Avoidance is also designated as a Junior and Youth event
These will be available to competitors that have already taken part in other events.

I Age Groups.

1. Under 8s The maximum age is the competitors eighth birthday.
 2. Under 10s The maximum age is the competitors tenth birthday.
 3. Under 12s The maximum age is the competitor's twelfth birthday
 4. Under 14s The maximum age is the competitors thirteenth birthday.
 5. Under 16s The maximum age is the competitors sixteenth birthday.
- Any junior holding a senior grade is prohibited from entry.
 - Minimum age for entry is five years of age.
 - Each competitor may only enter each discipline once. i.e. No second entry with a different partner either in the same or other age group.
 - A younger entrant may compete in an older age group but an older entrant can not compete in a younger age category.
 - The age group is determined by the eldest member of any pair or trio.
 - Ages will be checked with the registrar prior to the competition and teams found to be in an incorrect age grouping will be automatically transferred by the organisers.



J. Judges and Coordinators (Terminology and Responsibilities).

a). Competition Organiser

They are responsible for the provision of the following:

1. Hall
2. Mats and Safety surround.
3. Trophies.
4. First Aid.
5. Notification of event to all clubs.
6. Ancillary equipment e.g. PA System, Score Cards etc.
7. Publicity.
8. Accounts.

b) Senior Coordinator

They are responsible for the following.

- Correlation and ranking of entries. All entries will be ranked in grade order, the lowest grades performing first.
- Informing and coordination of judges.
- Act as Grievance official.
- Liaison between Senior Judge and the public.

c) Senior Judge

They are responsible for the following

- Organisation of judging team.
- Mat organisation.
- Final Decision by judging table.
- Interpretation and enforcement of the rules.

d) Judge

They will form a team of five (Three in emergency only) and will be responsible for:

- Marking the performances.
- Timekeeping

e) Administrative Assistant

They will be appointed on the day by the Senior Judge and will be responsible for:

- Organisation and ordering of competitors.
- Keeping the safety area free of competitors and spectators.
- Informing Senior Coordinator of any admin. problems.



Judge Regulations

- All judges will be notified in advance of required attendance.
- Only officially recognised BAA Junior Judges will be used.
- Judges whilst judging will sit at separate tables.
- Judges are not permitted to drink alcohol on the day of the competition.
- Judges are not permitted to smoke in the Dojo or in sight of any junior on the day of the competition.
- Judges and officials should wear BAA designated attire
- All judges should wear the same apparel
- Judges should sign in thirty minutes before start of competition with the Senior Coordinator.
- Judges should conduct themselves in a gentlemanly manner at all times especially when dealing with members of the public.

Any judge not complying with the above regulations may be removed from the judging panel by the Senior Coordinator or Senior Table judge immediately.

Judging Procedure

1. Each judge shall sit at a separate table.
2. There will be five judges per event.
3. As far as possible the judges for each table will be drawn from different BAA registered clubs.
4. Each judge shall be a registered BAA Junior Judge.
5. One Senior Table Judge will be appointed for the duration of the day. It will be their responsibility to check team lists for their age group and conduct the competition.
6. The Senior Table Judge has final say on all decisions made by the judging panel with regard rule interpretation. On all decisions of a technical / scoring nature a majority judge decision will be upheld the Senior Judge having a casting vote.
7. Each judge will be responsible for declaring their own scores by way of visual score cards with verbal reinforcement.
8. The Senior Judge will be responsible for declaring total score and any penalties incurred by the performers.
9. Any penalties announced must be accompanied by a brief explanation of the rules transgressed by the competitor by the Senior Judge
10. All judges and officials must be registered BAA members.
11. No direct communication will be made between any of the judging panel and the competitors or members of the general public regarding scores or reasons for decisions made.
12. The Senior Judges decision is final.



L Grievance Procedure

- Any complaints by competitors or members of the public shall be directed via the Senior Coordinator who will then in turn approach the Senior Judge and plead the case.
- Any grievance must be lodged before the end of any particular event.
- Ultimately the Senior Judges decision will be final.
- Complaints about judging irregularities may lead to a judge's licence being revoked.
- The Senior Coordinator has the right to remove a judge immediately if they believe a case of misconduct has taken place and regulations breached.

M. Scoring Procedures.

1. Each judge shall award a minimum score of 6.0.
2. Each judge shall award a maximum score of 7.5.
3. A base mark of around 6.2 will be discussed and set by the table before the event commences.
4. The highest and lowest marks will be removed before the total is announced.
5. As far as possible only four teams should be forwarded to the finals from each event.
6. The order of ranking for place decisions will be as follows in the finals.

A. Total Score from three judges after removing top and bottom scores.

B. If this produces a tie at any level all five judges marks from the final are used.

C. If this still produces a tie then the first round score from three judges will be used.

D. If this still produces a tie then all five judges scores will be used to determine the positions.

E. If this still provides no clear decision then a joint award will be made.

7. The running order of the final will be determined by the marks gained during the eliminations - The finals will run in reverse mark order the lowest scoring finalists will perform first.
8. Each age group judging panel will also be responsible for awarding a special prize to an individual who has illustrated a good attitude and worked hard throughout the competition although they may not have won any individual trophies.
9. Any annual trophies will be awarded to the performers in the under 16s age group.
10. Team Trophy

Points will be allocated as follows: -

1st Place = 3 points

2nd Place = 2 points

3rd Place = 1 point

The club that accumulates the highest number of points across all age groups and events will be awarded the team trophy.



N Judge Tenure

1. Any Junior Judge must possess a BAA judging certificate.
2. This will last for four years before renewal should be sought.
3. A Junior Judge must attend and judge at one junior event per year or the licence may be revoked.

O. Substitutes

1. Once the competition has started substitutes are not allowed except in the following circumstance.

During Elimination Rounds.

2. If an injury takes place during a performance the competitor will have the time it takes to complete the next bout before they have to continue performance.
3. In the case of Ninin Dori, if on last Tori the event will be judged as it stands. i.e. No second chance.
4. If injured party cannot continue in Tanto the event will be judged as it stands at the time of injury.
5. If injured party cannot continue in Kata the event will be judged as it stands at the time of injury.
6. If after one bout rest the competitor is still unable to continue the team is eliminated.
7. Substitute partners may not be used.
8. Medical attention by the qualified First Aid provision must be sought. Any competitor who does not seek medical attention cannot continue.

Finals

1. If a competitor is injured between elimination and final a substitute may be found within the following conditions.
 - a. That the substitutes grade is not higher than the injured player.
 - b. That the substitute is not already in the finals
 - c. That the substitute takes the same role ie Tori / Uke as the injured player.
 - d. That the First Aid agree that the injured player cannot continue

Injury in Final

- a. Any team / competitor who is injured in the final will be awarded marks on the performance as seen. No second attempts will be allowed.



Event Procedure – Kata (Embu)

The competition will be divided into four age groups:

1. Under 8s who will perform 1 to 5 of Randori no Kata.
2. Under 10s who will perform 1 to 10 of Randori no Kata.
3. Under 12s who will perform 1 to 14 of Randori no Kata.
4. Under 14s who will perform 1 to 14 of Randori no Kata.
5. Under 16s who will perform 1 to 17 of Randori no Kata

In addition the Under 16s age group may also perform an Open Kata, which will last for between 2 to 3 minutes and will be of any BAA recognised techniques other than the Randori no Kata.

Officials: A minimum of five judges will score a maximum of 7.5 with a minimum of 6.0 and will record this on an official BAA scoring sheet.

One judge will be appointed Senior Judge and be responsible for recording the total score.

Scoring:	Each judge will give equal mark weighting to the following and will mark the performance in the light of the listed criteria.
a. Posture:	Of both Tori and Uke before, during and after each technique including Zanshin.
b. Avoidance:	Correct accurate attack for Uke. Movement by Tori's body to avoid attack.
c. Breaking Balance :	Tori must demonstrate that Ukes balance is broken. Ukemi.
d. Distance:	Tori must exhibit the correct distance from Uke at all times.
e. Co-ordination	Between Tori and Uke. Including pace and purpose.

Commentary

Tori and Uke will bow on entering the tatami on the far side facing the officials. They will then advance to the centre of the tatami and Rei to the officials. This will also be Joseki. They will then turn inwards approximately four metres apart and Rei to each other. Tori will be positioned with the officials to their left. After the completion of the Kata they will return to their original positions and Rei to each other. Turn to face the officials and await their score. Before leaving the mat they must bow to the officials and the tatami.



Event Procedure - Tanto Kakarigieko

The event will be divided into four age groups

1. Under 8s who will perform with one Tori for 30 seconds.
2. Under 10s who will perform with one Tori for 30 seconds
3. Under 12s who will perform with one Tori for 30 seconds
4. Under 14s who will perform with one Tori for 30 seconds.
5. Under 16s who will perform with one Tori for 40 seconds.

Officials: A minimum of five judges will score a maximum of 7.5 with a minimum of 6.0 and will score this on an official BAA scoring sheet.

One official shall be appointed as Senior Judge and record the total scores.

Scoring: Each judge will give equal mark weighting to the following and will mark the performance in the light of the listed criteria.

- | | |
|----------------------------|--|
| a. Posture: | Of both Tori and Uke, before, during and after the technique, including ukemi. |
| b. Avoidance: | Avoidance of Tanto by Tori. |
| c. Correct Attack: | The attack used will be similar to the senior strike for Tanto Randori - The Tanto arm rising through the hip line for a straight arm strike to the opponent's body. |
| d. Coordination | Between Tori and Uke. |
| e. Breaking Balance | Tori must be seen to break Ukes balance |

Commentary

Tori and Uke will Rei on entering the tatami on the far side facing the officials. This will also act as Joseki. Positioned between the competitors will be a Referee who will hold the tanto. They will then Rei to the officials and advance to the centre of the tatami. They will then turn inward approximately four metres apart. The referee will then give the tanto to the competitor on his/her right. The competitors will then Rei to each other. Tori will be positioned with the officials to their left. After the completion of the event the competitors will return to their original position and Rei. Uke will return the tanto to the referee. They will then await their score. Before leaving the tatami they must Rei to the officials and the tatami.



Event Procedure - Ninin Dori

The competition will be divided into four age groups.

1. Under 8s, each Tori will perform for 30 seconds.
2. Under 10s, each Tori will perform for 30 seconds.
3. Under 12s, each Tori will perform for 30 seconds.
4. Under 14s, each Tori will perform for 30 seconds.
5. Under 16s, each Tori will perform for 30 seconds.

Officials: There will be five judges who will score a maximum of 7.5 with a minimum of 6.0 and will score this on an official BAA scoring sheet.

One official shall be appointed as Senior Judge and record the total scores.

Scoring; Each judge shall give equal mark weighting to following and will mark the performance in the light of the following listed criteria.

- | | |
|--------------------------------|--|
| a. Posture and movement | Of both Tori and Ukes.
Use of mat area. |
| b. Avoidance | By Tori from the attacks. |
| c. Speed and Stamina | Pacing the performance.
Maintaining a steady flow of techniques. |
| d. Variation of Defence | Toris should demonstrate a variety of techniques throughout their performance. |
| e. Coordination | A cohesive performance. |

Sacrifice throws will be penalised by deducting 0.1 from final score.

Commentary

The team will enter the tatami on the side opposite the officials and Rei to the tatami. They will then advance to the centre of the tatami and Rei to the officials. This will also act as Joseki. They will turn in approximately four metres apart and Rei. Tori will be positioned with the officials to their left. After the completion of the event they will return to a straight line position to await their score. Before leaving the tatami they will Rei to the officials and the tatami.



Event Procedure - Tanto avoidance

General

- 1 Each player will have 30 seconds with the Tanto and 30 seconds without the Tanto in each bout.
- 2 The striking player is permitted a maximum of 8 strikes in their 30 seconds. If a player uses their 8 strikes before their 30 seconds is complete then that half of the bout should stop and Tanto changed hands or the bout ended.
- 3 The winning player is the person with the most accumulative points at the end of the bout. Any half points do not come into play at any point at the end of a bout.
- 4 In the case of a draw, the player with the most positive points is declared the winner.

If each player has equal positive points at the end, negative points do NOT play a part and each player is given a further 15 seconds with and without the Tanto, with a maximum of 4 strikes each.

Avoiding player

- 1 If the avoiding player avoids a strike and is in a good posture and position, where they could have performed a technique, then an avoidance point should be awarded.
 - If they avoid the Tanto but are not in a good posture/ position then no score should be given and play should continue without stop.
- 2 If an avoiding player attempts to move their feet off the line of attack in a bid to avoid then no Tai-sabaki Shido should be awarded.
- 3 The only scenario in which Tai-sabaki Shido should be awarded is if the avoiding player does not move their feet in an attempt to avoid off the line and is either:
 - struck by a Tanto strike where the Tanto player is not in a good posture or position or,
 - is using their arms to prevent the other player scoring a strike.
- 4 If the Tanto player drops the Tanto the bout should be stopped so they can regain the Tanto and then restarted with no score given.
- 5 If the avoiding player leaves the area by accident in an attempt to avoid a strike then the bout should be stopped and brought back to centre where play should restart with no score given.
 - In this case no avoiding points can be scored, but if the Tanto player scores a good strike they can still gain a Tanto Tsuki-ari.
- 6 If the avoiding player leaves the area purposely then the play should be stopped and a Shido given, before play is restarted.
- 7 The avoiding player can close the striking distance to prevent the striking player from striking but cannot grab or engage with this player to prevent play. Continuously doing this (after warning) should result in a Shido.



Attacking player

- 1 An attacking player must move forward, moving both feet, and be in a good posture for a Tsuki-ari to score.
- 2 A Tanto Tsuki-ari should score if the Tanto player is in a good posture and the Tanto lands in the striking area.
- 3 If Tanto continuously attacks with a strike, deemed a dangerous strike, after warning, then this player should receive a Shido. Dangerous strikes include:
 - being too close so they are attacking the avoiding player with a punching action or if they are at a good distance but are still attacking in a punching manor (i.e. fist first)
 - striking the avoiding player outside the permitted striking zone for a Tanto strike. (i.e. too high/ too low)

Scoring

- 1 A Tanto Tsuki-ari is worth 1 positive point for the striking player.
- 2 An avoidance point is worth 1 positive point for the avoiding player.
- 3 If a Shido is awarded this is worth a ½ point for the opposing player. Two Shido are worth 1 point for the opposing player but do NOT count as a positive point.



Junior Competition Judging Criteria and Guidance

Judges Crib Sheet

There will be five judges who will score a maximum of 7.5 with a minimum of 6.0 and set a base mark of approximately 6.4 the highest and lowest scores are deducted to give a final score out of 22.5

Kata and Open Kata

Scoring : Each judge will give equal mark weighting to the following and will mark the performance in the light of the listed criteria.

- a. Posture :** Of both Tori and Uke before, during and after each technique including Zanshin.
- b. Avoidance :** Correct accurate attack for Uke.
Movement by Tori's body to avoid attack.
- c. Breaking Balance :** Tori must demonstrate that Ukes balance is broken. Ukemi.
- d. Distance :** Tori must exhibit the correct distance from Uke at all times.
- e. Co-ordination** Between Tori and Uke. Including pace and purpose.

Tanto Kakarigieko

Scoring : Each judge will give equal mark weighting to the following and will mark the performance in the light of the listed criteria.

- a. Posture :** Of both Tori and Uke, before ,during and after the technique, including ukemi.
- b. Avoidance :** Avoidance of Tanto by Tori.
- c. Correct Attack :** The attack used will be similar to the senior strike for Tanto Randori - The Tanto arm raising through the hip line for a straight arm strike to the opponents body.
- d. Coordination** Between Tori and Uke.
- e. Breaking Balance** Uke must demonstrate appropriate disturbance of posture prior to throw

Ninin Dori

Scoring ; Each judge shall give equal mark weighting to following and will mark the performance in the light of the following listed criteria.

- a. Posture and movement** Of both Tori and Ukes.
Use of mat area.
- b. Avoidance** By Tori from the attacks.
- c. Speed and Stamina** Pacing the performance.
Maintaining a steady flow of techniques.
- d. Variation of Defence** Toris should demonstrate a variety of techniques throughout their performance.
- e. Coordination** A cohesive performance.



Tanto Avoidance

Scoring: Each judge shall have equal weighting in terms of points awarded, the central referee controlling the bout.

- a **Tanto Tsuki-ari** is worth 1 positive point for the striking player.
- b **Tai Sabaki** An avoidance point is worth 1 positive point for the avoiding player.
- c. **Shido** If Shido is awarded for poor avoidance this is worth a ½ point for the opposing player. Two Shido are worth 1 point for the opposing player but do NOT count as a positive point.

Illegal throws including sacrifices will be penalised by deducting 0.1 from final score.