



Adult Dan Grade Syllabus

1st Dan

Timescale: 1 year consistent practice as 1st Kyu.

Randori no Kata * complete (17)

Koryu dai San * sections: A + B (16)

Koryu dai Yon * complete (25)

Previous syllabus as required at the discretion of examining panel.

Randori: a minimum of three bouts of hikitategeiko.

Requirement:

- One bout must demonstrate knowledge and application of kaeshi waza (5 atemi waza from the Randori no Kata as counter techniques by tanto against toshu) in tanto hikitategeiko.
- One bout must demonstrate the use of combination techniques by toshu against tanto.
- The third bout must demonstrate a knowledge and application of the 17 Randori no Kata in combination and as counter technique in the performance of toshu hikitategeiko.



Adult Dan Grade Syllabus

2nd Dan

Timescale: 2 years consistent practice as 1st Dan.

Koryu dai San * sections: A + B + C + D (29)

Goshin ho section: Techniques from teigetana no kuzushi (8)

Previous syllabus as required (at the discretion of examining panel).

Randori: a minimum of three bouts of hikitategeiko.

Requirement:

- One bout must demonstrate knowledge and application of kaeshi waza (5 atemi waza from the Randori no Kata as counter techniques by tanto against toshu) in tanto hikitategeiko.
- One bout must demonstrate the use of combination techniques by toshu against tanto.
- The third bout must demonstrate a knowledge and application of the 17 Randori no Kata in combination and as counter technique in the performance of toshu hikitategeiko.



Adult Dan Grade Syllabus

3rd Dan

Timescale: 3 years consistent practice as 2nd Dan.

Koryu dai San * complete A + B + C + D + E + F (50)

Koryu dai Ichi complete (24)

Goshin ho section: Tekubi dori 1 (5)

Previous syllabus as required (at the discretion of examining panel).

Randori: a minimum of three bouts of hikitategeiko.

Requirement:

- One bout must demonstrate knowledge and application of kaeshi waza (using any technique from the Randori no Kata as counter techniques by tanto against toshu) in tanto hikitategeiko.
- One bout must demonstrate the use of combination techniques by toshu against tanto.
- The third bout must demonstrate a knowledge and application of the Randori no Kata in combination and as counter technique in the performance of toshu hikitategeiko.



Adult Dan Grade Syllabus

4th Dan

Timescale: 4 years consistent practice as 3rd Dan.

Koryu dai Ni complete (16)

Goshin ho Datotsushu no waza - against strikes, punches and kicks (6)

Tekubi dori 2 – against grips (18)

Previous syllabus as required (at the discretion of examining panel).

Randori: a minimum of three bouts of hikitategeiko (toshu & tanto)

or demonstration of an understanding of randori

or referee accreditation for candidates.

Requirement:

- One bout must demonstrate knowledge and application of kaeshi waza (using any technique from the Randori no
- Kata as counter techniques by tanto against toshu) in tanto hikitategeiko.
- One bout must demonstrate the use of combination techniques by toshu against tanto.
- The third bout must demonstrate a knowledge and application of the Randori no Kata in combination and as counter technique in the performance of toshu hikitategeiko.



Adult Dan Grade Syllabus

5th Dan

Timescale: 5 years consistent practice as 4th Dan.

Koryu dai Go complete (23)

Goshin ho Dogi dori (10)

Previous syllabus as required (at the discretion of examining panel).

Randori: at the discretion of examining panel

or demonstration of an understanding of randori

or referee accreditation for candidates.



Adult Dan Grade Syllabus

6th Dan

Timescale: 6 years consistent practice as 5th Dan.

Koryu dai Roku A + B + C (22)

Goshin ho 'Three methods of breaking balance' using datsuryoku, tegatana & kaiten (10)

Previous syllabus as required (at the discretion of examining panel).

Randori: at the discretion of examining panel

or demonstration of an understanding of randori

or referee accreditation for candidates.



Adult Dan Grade Syllabus

7th Dan

Timescale: 7 years consistent practice as a 6th Dan.

Previous syllabus as required (at the discretion of examining panel).

Koryu dai Roku complete A + B + C +D + E + F + G (39)

Goshin ho complete (57)

Koryu dai San * alternatively termed Goshin no Kata in the Japan Aikido Association syllabus.

Koryu dai Yon * alternatively termed Nage no Kata in the Japan Aikido Association syllabus.

Randori no Kata * alternatively termed Junanahon (basic 17) in the Japan Aikido Association syllabus.